

Why Choose Paradigm Health as Your Palliative Care Partner

Paradigm Health was recently recognized by Indy Star as a Top Workplaces awardee. Focused on providing compassionate and community-based hospice and palliative care, Paradigm has always been invested in a people-centered culture that promotes the well-being of our staff ultimately translating to exceptional care for our patients and their families.



In support of Paradigm Health's mission to provide above and beyond care for its patients and their caregivers and families, Paradigm also received the first-ever national accreditation by the Accreditation Commission for Health Care (ACHC) for our palliative care program joining our accreditation for hospice care as well. By choosing a healthcare provider that has achieved ACHC accreditation, you can take comfort in knowing that you will receive the highest quality of care.



Frequently Asked Questions

Q: DOES PALLIATIVE CARE REPLACE MY PRIMARY CARE PHYSICIAN?

A: No. Palliative care does not replace current medical care, rather, it is a specialty consultative medical practice that addresses symptoms and care management. Paradigm Health nurse practitioners maintain regular contact with a patient's primary physician to provide collaborative and consistent care.

Q: WHO CAN RECEIVE PALLIATIVE CARE?

A: Anyone who is severely or chronically ill can benefit from palliative care.

Q: WHERE CAN A PATIENT RECEIVE PALLIATIVE CARE?

A: Palliative care services are provided in whatever setting the patient calls home: private home, nursing home, assisted living, etc.

Q: HOW IS PALLIATIVE CARE PAID FOR?

A: Palliative care is billed under Medicare Part B, or through commercial insurance, as a professional service (like a physician's visit). Some insurance plans may require a co-pay. Your palliative care provider will disclose any required co-pays before providing services.

Q: HOW OFTEN DOES MY NURSE PRACTITIONER VISIT?

A: Frequency of visits is determined by clinical need and medical necessity and varies from patient to patient. Most patients are seen every 30-60 days if stable. Patients have access to our triage line 24/7 for symptom management needs.

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Palliative Care

The Support You Need for a Serious Illness



As an industry leader and innovator, Paradigm Health's Palliative Care program is paving the way to be an integral and supportive partner in a patient's overall plan of care and to collaborate with all members of the medical team to manage and lead caregiving based upon a specific set of symptoms.

Paradigm Health — An Extra Layer of Support



WORKING TOGETHER AS A TEAM

Having an advocate to help partner, support and lead a patient's palliative care can be valuable and allow for a collaborative, streamlined, community-based approach. Paradigm Health acts as an extra layer of hands-on care to assist in patient care but does not replace a patient's primary care physician or duplicate efforts.

BENEFITS OF A PALLIATIVE CARE TEAM PHILOSOPHY

- A community-based approach to palliative care can allow the Paradigm Health nurse practitioner to pull everything together for the patient.
- It can streamline, organize and facilitate resources but does not replace the primary care physician or any specialists. It can aggregate the information for the patient to create the plan of care goals.
- Allows our licensed clinical social workers to focus on supportive counseling to assist patients in understanding and coping with the changes in their medical status.
- Strengthens the lines of communication between all medical clinicians to make sure all caregiving is collaborative and shared.



WHAT IS PALLIATIVE CARE?

Care that Supports the Patient and Their Wishes

Palliative care is a specialty of medicine focused on the symptoms, pain, and stress of a serious illness. This focus of care is an extra level of support to increase quality of life and allows patients to remain at home alleviating multiple trips back and forth to the hospital. Anyone who is severely or chronically ill can benefit from palliative care and they can receive that care no matter where they call home.



THE BENEFITS OF PALLIATIVE CARE CAN ENHANCE THE QUALITY OF EVERYDAY LIFE:

- *Palliative care* is offered to patients who are seriously ill to be used alongside curative and other treatments.
- *Palliative care* does not replace care by a family care physician, but rather addresses symptoms and care management.
- *Palliative care* is not dependent on a set criteria or treatment options and can provide assistance with advanced care planning and goals of care discussions.

Providing Support and Guidance

“Let me begin by saying this has been a roller coaster of emotions that I have never experienced in my life before. As a healthcare provider myself, I know exactly what to say to comfort others. But, when I found myself in the role of caregiver for my mother, I was an emotional wreck. The feelings of sadness, guilt, anger, and grief were overwhelming. Paradigm Health stepped up quickly and provided me with support and guidance. The palliative care team is beyond amazing. My mother was not sleeping or eating and was crying out in pain. Within 24 hours of care with Paradigm Health there was a significant difference in her comfort level, amount of sleep and food intake. Words can't express how grateful I am to each team member who contributed to making this possible.”

- Mindi C.