BRINGING JOY WITH PROJECT BLOOM

Paradigm Health

At Paradigm Health, we believe in the power of small gestures to make a big impact. Project Bloom is one of our heartfelt initiatives where we deliver beautiful flower arrangements to our patients. This program is designed to bring a touch of nature's beauty and a moment of joy to those we care for.

WHAT IS PROJECT BLOOM?

Project Bloom is a special program that involves the delivery of fresh, hand-arranged flowers to our patients. These floral arrangements are donated by local florists and each unique bouquet is hand crafted with love by our volunteers.

BENEFITS FOR OUR PATIENTS

- **Emotional Uplift:** Receiving fresh flowers can brighten a patient's day and lift their spirit.
- **Reducing Stress:** The presence of flowers has been shown to reduce stress and anxiety, creating a calming and pleasant environment.
- **Enhancing the Environment:** Fresh flowers can make a room feel more inviting and comfortable.
- **Promoting Relaxation:** The natural beauty and fragrance of flowers can promote relaxation and a sense of well-being.
- **Conversation Starter:** Flowers can act as a conversation starter, encouraging engagement with caregivers, family members, and visitors.
- **Fosters Connection:** The act of receiving flowers shows patients that they are remembered and cared for by others.
- **Sensory Engagement:** The colors, textures, and scents of flowers stimulate the senses, providing a gentle form of cognitive engagement.
- **Memory Recall:** Flowers can evoke pleasant memories and stimulate discussions about past experiences, enhancing mental engagement.

ENHANCING LIVES WITH SENSORY BLANKETS

Sensory mats and fiddle blankets are hand-crafted textiles embedded with various textures, colors, and objects. These items, made by Paradigm Health volunteers, are designed to stimulate the senses and provide a calming and engaging experience for individuals with dementia.

BENEFITS FOR OUR PATIENTS

- Cognitive Stimulation
- Emotional Comfort
- Stress Reduction
- Sense of Security
- Memory Activation
- Fine Motor Skills
- Hand-Eye Coordination
- Entertainment

CHERISHING MEMORIES WITH KEEPSAKE BEARS

At Paradigm Health, we understand the profound impact of losing a loved one and the importance of keeping their memory alive. Our Keepsake Bears program is designed to provide comfort and a tangible connection to those who have passed. These special teddy bears are lovingly crafted from the clothing of your loved one offering a unique and heartfelt way to honor their memory.

BENEFITS FOR THE BEREAVED

1. Emotional Comfort
2. Healing and Remembrance
3. Personalization and Uniqueness
4. Passing Down Memories

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